



Age-friendly University
Global Network

A DUBLIN CITY UNIVERSITY INITIATIVE TO
PROMOTE POSITIVE AND ACTIVE AGEING



DCU Age-friendly University Monthly Newsletter

June 2021

Our latest updates

Greetings to all.

I hope you are enjoying the fine weather.

DCU update

DCU campus will be opening in September. However, we are still awaiting information on how AFU participants will be facilitated on campus. As soon as information becomes available, we will let you know. In the meantime, check out the AFU webpage and see what is on offer this Semester which starts on September 21. We have over 150 modules to choose from as well as the Lifelong Learning Programme which will start later in early October.

Here is a link: <https://www.dcu.ie/agefriendly/learning-opportunities-dcu-2021>

Staff update

We will be saying farewell to Caoimhe Gilmartin, who joined us last January as a marketing intern in the AFU office. Caoimhe will be resuming her studies which takes her to France for the next two years. She has been a wonderful colleague over the past six months, and we wish her all the best in her studies.



Meanwhile a warm welcome to Mehetabel Ojienore (aka Mehe) who joins us as the new marketing intern and will be working on a number of projects and maintaining our social media platforms for the AFU office until the end of August.

Creative Project with Montreal

We have been chatting with a group of older people in Montreal who are working on several creative projects and exploring the possibility of a collaboration with them over the coming months. We are in the early discussion stages and will have an information session in early July to discuss this. It is a wonderful opportunity to meet a new group of people and work together. If you would like to take part in the initial discussion without obligation, please complete the form here: <https://forms.gle/zqxcCQWWCpuvacgi8>

AFU Review

The AFU Programme is currently undergoing a review, and part of this is a piece of research that students in the Business School are carrying out. Some AFU participants have already contributed to focus groups, and I would be most grateful if you could take some time to complete a questionnaire that will inform the future funding and activities of the AFU department:

Here is a link to the research: <https://forms.gle/Np4HCGGTkvS8oXE66>

Cycling without Age



I am sure many of you have seen the Cycling without Age project featured on Nationwide and its activities in St. Anne's Park. We are delighted to collaborate with Age-Friendly Fingal to bring the Trishaw to Fingal Co-Council residents, and we will be trialling it over the next few weeks in Santry Demense.

If you would like to take part as a passenger, or volunteer please complete the form below: <https://www.dcu.ie/agefriendly/cycling-without-age>

Here is some information on the movement in Ireland <https://cyclingwithoutage.ie/>.

3LA

I am pleased to report that the 3LA will convene meetings over the next few weeks to plan for the coming Semester. More news to follow on this over the Summer.

TRACEUS Project



The TRACEUS Project which we are doing with partners in Spain, Bulgaria, France, Cyprus and Belgium focusses on traditions, recipes and cuisines of Europe using Smartphones. We are now recruiting for volunteers for the project who will be supported with a training course to use the video and recording functions of a smartphone to share a recipe,

tradition or stories relating to food . You don't need to be a Masterchef - you just need to be enthusiastic and willing to have a go. Interested? Contact Grainne Reddy grainne.reddy@dcu.ie and we will be in touch.

Other news

Irish Senior Citizens Parliament

The Irish Senior Citizen's Parliament is hosting a series of webinars starting on Wednesday, June 23rd "Women and Pensions" at 3pm followed in July by "Ageism" and in August by "Budget 2022".

The "Women and Pensions" webinar promises to provoke a very interesting discussion, and I hope you can join the new Head of Policy and Communications, Una Power and their special guests from the National Women's Council and Social Justice Ireland.

Here is the link to register with Eventbrite:

<https://www.eventbrite.ie/e/summer-series-women-and-pensions-tickets-158553795671>

In other ISCP news, the Parliament is conducting a survey to inform the pre-Budget Submission. This will follow in a separate email over the coming days.

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